

# BREAKFAST

SERVED UNTIL NOON WEEKDAYS & 1PM SAT-SUN

## BREAKFAST SANDWICHES \*

New Cascadia G.F. bread - Add \$1 per sandwich

**Ham Croissant** ~ Warmed in the oven with cheddar cheese, Canadian blackforest ham and egg. 8.95

**Veggie Croissant** ~ Oven warmed croissant with cheddar, egg, organic spinach and tomato. 7.95 (add \$1 for avocado)

**Turkey Croissant** ~ Toasty croissant with Applegate Farms roasted turkey, cheddar and egg. 8.95

**Bacon Cheddar** ~ Hot ciabatta sandwich with strips of crisp pepper bacon, cheddar, spinach, roma tomato & egg. 8.95

**Garden** ~ Organic spinach, pesto, fried egg, cucumber, tomato and pepperjack. Grilled on artisan multigrain. 7.95

**Turkey deLux** ~ Applegate Farms roasted turkey breast, bacon, egg, spinach, swiss & garlic aioli. Grilled on multigrain. 9.50

**Blackforest** ~ Canadian blackforest ham, egg & cheddar with garlic aioli. Served hot on a ciabatta roll. 8.50

## HOUSEMADE GRANOLA (GF & VEGAN)

Dried cranberry and apricot, GF oats, sesame seeds, almond, coconut, nutmeg, sunflower and pumpkin seeds.

Granola topped with Greek Yogurt & seasonal fresh fruit. 8.95  
Granola topped w/ banana, served with cold or warmed milk. 6.95  
Fresh Fruit & Greek Yogurt Bowl. 5.95

## QUICHE DU JOUR

Housemade Quiche - Hot & Savory

**Quiche & Fruit** ~ Slice served hot with seasonal fruit. 9.95

**Quiche & Salad** ~ Quiche served with a side House or Caesar Salad. 9.95

**Quiche A la Carte** ~ Slice served hot. 6.95

## CREPES

Only Available SAT & SUN Until 1pm

**Strawberry** ~ Strawberries, mascarpone and berry coulis. 8.95

**Nutella** ~ With banana, toasted almonds & whipped cream. 8.95

## OMELETTES & SCRAMBLES \*

Substitute a cup of fresh fruit for toast - add \$2.25

Three NW cage-free egg omelette or scramble served with toast (**GF** add .50).

**Cheese & Egg** ~ Choice of any cheese(s) below 7.95

**Build Your Own** ~ Pick any 3 fillings from the list below 9.95

CHOOSE UP TO 3 FILLINGS (\$1 for each extra filling - Max of 5):

**VEGGIES:** Spinach/Mushroom/R. Onion/Tomato/Red Potato

Kalamata Olives/Bell Pepper/Caramelized Onion/Avocado

**CHEESE:** Swiss/Cheddar/Provolone/Pepperjack/Feta/Gorg.

**MEAT:** Pepper Bacon/Ham/Turkey/Apple Chicken Sausage

## FARMER'S BREAKFAST SCRAMBLE \*

Please limit customization to one change from list below

Scrambled cage-free eggs w/ seasoned red potato, tomato, avocado, caramelized onion, crispy pepper bacon and pepperjack cheese. Served with organic salsa. 10.95 (add 1.00 for slice of toast)

## BELGIAN WAFFLES

Substitute real maple syrup - add \$1

**Traditional Waffle** ~ Served with butter and syrup. 7.95

**Strawberry Waffle** ~ Topped with whipped cream. 9.50

**Timber Waffle** ~ Topped with bacon & two fried eggs. 10.95 \*

**Pear-Hazelnut Waffle** ~ Topped w/ whipped cream. 9.50

## SIDE ORDERS & SUBSTITUTIONS

**Side of Toast** ~ 2 slices w/ butter & jam. 2.50 **GF** add 1.00

**Breakfast Sandwich Add-ons:**

50¢ for each veggie or cheese and \$2 for bacon, ham or turkey

**Side of Fresh Fruit** ~ Seasonal sliced fruit cup. 4.95

**Scrambled Eggs** ~ A pair of eggs served scrambled. 3.50 \*

**Red Potatoes** ~ 3.50

**Side of Bacon** ~ Three strips of crispy pepper bacon. 4.50

**Sub Egg Whites for Omelette or Scramble** ~ Add 2.00 \*

**WE USE NW CAGE-FREE EGGS**

# LUNCH

LOCAL & ORGANIC INGREDIENTS USED WHENEVER POSSIBLE

## SANDWICHES

Each sandwich is **served à la carte** and made to order to ensure freshness. **Sides can be added** for an additional charge (see below)

### OPTIONAL SIDES

<b>\$1</b> Sea-Salt Kettle Chips	<b>\$3</b> Side Salad or Side Caesar	<b>\$3</b> Small Cup of Soup
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**Barcelona** ~ All-natural chicken breast, fresh pesto, provolone, avocado & roma tomato. Served **HOT** on artisan wheat. 8.95

**Athenian** (VEGAN) ~ Homemade hummus, cucumber, r. onion, organic spinach & roma tomato. Served **HOT** on artisan wheat. 7.95 (Add Draper Valley Chicken for \$2.00)

**Manchester** ~ Roast beef, caramelized onion, cheddar and a creamy horseradish spread. Served **HOT** on artisan wheat. 8.95

**Bastille** ~ Applegate Farms turkey w/ gorgonzola, fresh basil, tomato, red onion & garlic aioli. Served **HOT** on ciabatta. 9.50

**Napoli** (veggie) ~ Fresh sliced mozzarella, pesto, roma tomato and kalamata olives. Served **HOT** on ciabatta. 7.95

**Miami Melt** ~ Albacore tuna salad w/ celery, red onion, mayo, roma tomato and cheddar. Served **HOT** on ciabatta. 8.95

**Edinburgh** ~ Blackforest ham, Swiss, baby spinach, tomato & dijon. Served **HOT** on artisan wheat. 8.50

**Big Ben** ~ Lean roast beef with pepperjack, cucumber, tomato, lettuce and our horseradish cream cheese spread. Served on fresh artisan wheat. 8.95

**Lucerne** ~ Applegate Farms turkey breast, lettuce leaf, tomato, Swiss, mayo and ripe avocado. Served on artisan wheat. 8.95

**Grilled Cheese** ~ Melted cheddar & provolone on artisan wheat. Half 4.95 Whole 6.95 (Add Meat for \$2 or Add Veggie for .50)

**Parisian** ~ Blackforest ham, Swiss cheese, roma tomato, dijon mustard & butter. Served on baguette. Half 5.95 Whole 7.95

**Baguette Sandwich** (veggie) ~ Fresh mozzarella, tomato, basil, & olive oil with a hint of salt & pepper. Half 5.95 Whole 7.95

**PB&J** ~ Creamy Adam's peanut butter with strawberry jam on fresh artisan wheat. Half 3.95 Whole 5.95

## SOUP OF THE DAY

Housemade soups served with bread & butter (**GF bread** .50¢)

**Cup** 3.95 **Bowl** 5.95

**Soup & Salad** ~ Cup of soup served with your choice of fresh House or Caesar Salad. 8.95

**Soup and Half Sandwich** ~ Small serving of soup with your choice of any half sandwich. 9.95 (With 1/2 Grilled Cheese 7.95)

**Salad and Half Sandwich** ~ Small serving of fresh House or Caesar Salad with your choice of any half sandwich. 9.95 (With 1/2 Grilled Cheese 7.95)

## FRESH SALADS

All-Natural Draper Valley Chicken Breast - add \$3.50.

**House** ~ Romaine lettuce, roma tomato, cucumber, red onion, radish and homemade croutons with balsamic vinaigrette. 7.50

**Caesar** ~ Romaine, seasoned croutons, caesar dressing, lemon wedge & parmesan cheese. 6.95 (Dressing tossed on request)

**Caprese Salad** ~ Fresh mozzarella, tomato, basil and kalamata olives on a bed of arugula with olive oil and sliced baguette. 9.50

**Pear Bacon** ~ Organic spinach w/ toasted almonds, sliced pear, dried cranberries, bacon, gorgonzola & herb vinaigrette. 10.95

**Greek Salad** ~ Romaine, organic spinach, cucumber, tomato, crumbled feta, red onion, kalamata olives & Greek dressing. 9.95

**Cobb Salad** ~ Romaine, tomato, avocado, chicken, pepper bacon, red onion, boiled egg & gorgonzola w/ balsamic vinaigrette. 11.95

**Tuna Salad** ~ Albacore tuna salad (celery, red onion & mayo) with arugula, tomato & cucumber with lemon vinaigrette. 9.95

**Apple Chicken** ~ All-natural chicken, organic apple, romaine, roasted hazelnuts, gorgonzola and lemon garlic vinaigrette. 10.95

## SUBSTITUTIONS & UPGRADES

**New Cascadia GF BREAD** - Add \$1 per sandwich (no halves)

**Sandwich Add-ons & Upgrades:** Add \$1 for avocado

Add 50¢ for each veggie or cheese and \$2 for adding any meat

Add 50¢ for subbing fresh mozz. or \$1 for adding to a sandwich

**PLEASE NOTE: WHILE WE STRIVE TO REDUCE CROSS CONTAMINATION OF GLUTEN, THERE IS A POSSIBILITY OF CONTACT WITH MINIMAL AMOUNTS OF GLUTEN.**

**\* Consumption of raw or undercooked eggs can result in food-borne illness.**

# BEVERAGES

## BARISTA OFFERINGS (hot or iced)

	8oz (single)	12oz (double)	16oz (double)	20oz (triple)
Coffee (Caffè Umbria)	1.50	1.85	2.10	2.40
Caffè Latte	3.15	3.70	4.00	4.50
Caffè Mocha	3.50	4.05	4.35	4.85
Cappuccino	3.15	3.70	4.00	4.50
Hot Chocolate	2.50	2.95	3.50	4.00
Chai Latte (Dragonfly)	3.50	4.05	4.35	4.85
Steamer	2.50	2.95	3.50	4.00

  

Espresso	Single 2.30	Double 2.80
Macchiato	Single 2.65	Double 3.15
Americano	Single 2.30	Double 2.80
Cortado	Single 2.75	Double 3.25
Tea (assorted variety)	Any Size 2.50	Tea Latte 3.50

**50¢** For an extra shot, coffee refill, breve, soy, almond, hemp, coconut or rice milk. Flavored syrups (see menu board)

### TEA LIST:

Herbal - Ginger/Peppermint/Red Nectar/Meadow  
Also - Brahmin/Jasmine/Bergamot/Fez/Yerba Mate

## NON-ALCOHOLIC COLD DRINKS

Iced Tea ( <i>unsweetened with lemon wedge - free refill</i> )	2.50
Cold Brew on Nitro 8oz. 12oz. 16oz. 20oz.	2.50 3.00 3.50 4.00
San Pellegrino ( <i>Limonata or Aranciata</i> ) 12oz. Cans	2.00
San Pell Sparkling Mineral Water (500ml)	2.95
Thomas Kemper ( <i>Rootbeer and Ginger Ale</i> )	2.25
Izze Sparkling Juice ( <i>Grapefruit, Blackberry, Orange</i> )	2.25
Coke & Diet Coke	1.95
Fresh Squeezed OJ	SM. 1.95 MED. 2.95 LG. 3.95
Glass of Milk ( <i>whole, 2%, skim</i> )	1.75
Italian Soda	MED. 2.50 LG. 2.95
Lemonade	3.50
Arnold Palmer	3.00

ALL OUR DESSERTS & PASTRIES ARE FAMILY  
RECIPES MADE IN-HOUSE DAILY

CHECK OUT THE DESSERT CASE FOR SEASONAL  
PIES, COOKIES, MUFFINS & MORE!

## RED WINE

	Glass	Bottle
<b>Septima Malbec</b> (Argentina)	6.00	22.00
Juicy, raspberry, plum and chocolate flavors with soft tannins.		
<b>Reverdito Barbera</b> (Italy)	7.00	26.00
Intense & full bodied with earth notes & blackberry fruit character.		

## WHITE WINE

	Glass	Bottle
<b>Zenato Pinot Grigio</b> (Italy)	6.00	22.00
Lively & refreshing w/ a smooth, dry finish; notes of apple & spice.		
<b>Two Vines Chardonnay</b> (Washington)	6.00	22.00
Crisp, fresh chardonnay with characteristics of NW pear and apple.		

## MIMOSAS

Fresh Squeezed OJ & Prosecco	5.00
Seasonal Flavor & Prosecco	5.00

## BEER ON DRAFT

Rotating (see menu board)	Glass - 3.50	16oz - 4.50
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## BOTTLED BEER

<b>Bridgeport IPA</b> (Oregon)	3.50
<b>Hofbrau Original</b> (Germany)	4.00
<b>Leffe Blonde</b> (Belgium)	4.00
<b>McEwan's Scotch Ale</b> (Scotland)	4.75
<b>Negra Modelo</b> (Mexico)	3.75
<b>Pilsner Urquell</b> (Czech)	4.00
<b>Rev. Nat's Hard Cider</b> (Oregon)	4.50

